

# Stepping Stones

## Triple P: Positive Parenting Program

---

### TRIPLE P CAN HELP YOU...

- Encourage behavior you like
- Deal with problem behavior
- Become confident as a parent
- Be realistic about parenting
- Take care of yourself



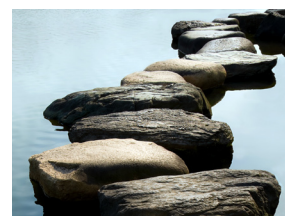
### IS THIS FOR YOU?

All parenting is challenging, and parenting a child with special needs often brings additional parenting challenges and concerns. If these challenges are significant and causing your family life to be especially stressful, Stepping Stones may be the program for you. Parents/kinship caregivers of children ages 0-12 with a diagnosed disability and disruptive behavior at home may be eligible for this program.



### WHAT IS STEPPING STONES?

Centered on research-based Triple P concepts with feedback from real families, this program is more in-depth and individualized. The eight, one-hour sessions of Stepping Stones are private and can be offered in the home. These free sessions will help you develop a wide range of positive parenting skills.



### WHO PROVIDES THIS SERVICE?

Heather Patterson, our Stepping Stones Triple P Provider with Catholic Charities.



### Questions?

Contact Barbara at (419) 512-9104 for more information about Triple P programs offered through Catholic Charities.



Ohio Children's Trust Fund  
Ohio's Prevent Child Abuse America Chapter



MENTAL HEALTH  
RECOVERY BOARD  
OF ASHLAND COUNTY