

## Special Events

**Fieldtrip - Dunkin Donuts**  
May 4

**Client Council**  
May 7

**Visit from Dream - Therapy Dog**  
May 12

**Movers Room Meeting**  
May 22

**Rainbow Room Meeting**  
May 28



## May Birthdays

**Ida** May 4  
**Scarlett** May 4  
**Cindy** May 10  
**Judi** May 10  
**Linda** May 12  
**Tom** May 12  
**Jadie** May 25  
**Kathy** May 28

## Devotions

May 15  
May 21  
May 27



## Communion

May 7  
May 14  
May 21  
May 28

## Holiday Closures

May 25 - Memorial Day  
July 3 - Independence Day  
September 7 - Labor Day  
November 26 - Thanksgiving Day  
November 27 - Day after Thanksgiving  
December 24 - Christmas Eve  
December 25 - Christmas Day  
December 31 - New Year's Eve

### Caregiver Support

Are you a caregiver for a loved one attending Summit Adult Day Services? Feeling overwhelmed or isolated? Join us to connect with other family caregivers, access online and mailed resources.

**If you plan on attending, please  
RSVP to the center at 330-762-2000.**

**Date: May 13th, 2026  
Time: 10:00am-11:00am  
Location: Summit Adult Day**

### Stay in Touch!

ccsummitcounty.org  
Phone: 330-762-2000  
Fax: 234-334-4059  
facebook.com/CCSummitCounty

### Transportation Call Off Procedure

Please report all absences, early departures and late arrivals to Summit ADS as soon as possible. You may also call your own transportation provider.  
SCAT (330) 376 - 5353

# May 2026

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Let's Go Racing
4 Bucket O' Bean Bags	5 Operation Orphan Wildlife	6 Birthday Recognition	7 BINGO	8 Mother's Day
11 Ski Ball	12 BINGO	13 Bingo Store	14 May Jeopardy	15 Balloon Knock Out
18 BINGO	19 Nifty-Fifty	20 Kickball-a-palooza	21 Tallyoop	22 Popcorn & Movie
25 Memorial Day CLOSED	26 Cornhole	27 Poker Chip Pitch	28 Name That Tune	29 BINGO

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Tallyoop
4 BINGO	5 Operation Orphan Wildlife	6 Birthday Recognition	7 Poker Chip Pitch	8 Mother's Day
11 May Jeopardy	12 Balloon Knock Out	13 Bingo Store	14 BINGO	15 Pool Noodle Hockey
18 Axe Throwing	19 Beach Ball Volleyball	20 Ping Pong Bounce	21 Movie or Manicures	22 BINGO
25 Memorial Day CLOSED	26 BINGO	27 You Be The Judge	28 Kickball-a-palooza	29 Ski Ball

## Rainbow Room

### Daily Schedule

9:30 - Breakfast  
10:00 - Crafts  
11:00 - Current Events  
11:30 - Lunch  
12:30 - Exercise  
1:00 - Activity

(see calendar for daily activity)

\*Alternate activities available throughout the day!

= Strength & Fitness

## Movers & Shakers Room

### Daily Schedule

9:30 - Breakfast  
10:00 - Crafts  
11:00 - Exercise  
11:30 - Lunch  
12:30 - Current Events/Trivia  
1:00 - Activity

(see calendar for daily activity)

\*Alternate activities available throughout the day!

= Strength & Fitness

# Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
				Beef Stew Beets Oranges Cornbread Milk 1
Chicken Filet Gravy Corn Rice Pilaf Rolls & Butter Pineapples Milk 4	Ribbed Pork Patty BBQ Sauce Potatoes Mixed Vegetables Bread & Butter Pears Milk 5	Rigatoni Meat Sauce Green Beans Rolls & Butter Hot Apples Milk 6	Meatloaf Mashed Potatoes Rolls & Butter Carrots Applesauce Milk 7	Tomato Soup Egg Salad Sandwich Potato Chips Peaches Milk 8
Hot Dog Baked Beans Mixed Vegetables Potato Chips Applesauce Milk 11	Chicken Noodle Casserole Carrots Rolls & Butter Mixed Fruit Cup Milk 12	Hamburger Corn French Fries Applesauce Milk 13	Baked Chicken Gravy Mashed Potatoes Peas Bread & Butter Oranges Milk 14	Tuna Salad Minestrone Soup Steamed Broccoli Chips Peaches Milk 15
Chicken Parmesan Pasta Green Beans Oranges Rolls & Butter Milk 18	Hot Dog Baked Beans Carrots Peaches Pasta Salad Milk 19	Chili Mac Corn Rolls & Butter Pineapples Milk 20	Spaghetti Meat Sauce Tossed Salad Rolls & Butter Hot Apples Milk 21	Breaded Pollock Mixed Vegetables Rice Pilaf Rolls & Butter Oranges Milk 22
<i>Memorial Day</i> <b>CLOSED</b> 25	Sloppy Joe Tator Tots Green Beans Applesauce Milk 26	Baked Chicken Gravy Mashed Potatoes Mixed Vegetables Bread & Butter Fruit Cocktail Milk 27	Grilled Cheese Tomato Soup Tator Tots Pears Milk 28	Rigatoni Meat Sauce Green Beans Rolls & Butter Hot Apples Milk 29



# The Spotlight

## Summit Adult Day Services

Volume 47, Issue 5  
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### May News

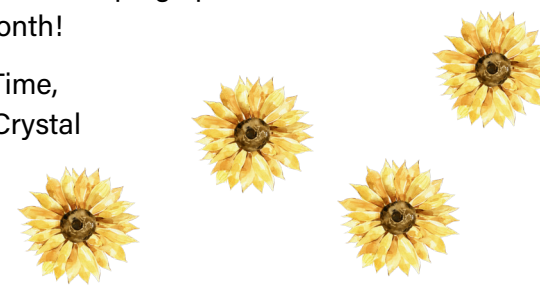
*Hello Everyone!*

April was a joyful and activity-filled month here at Summit ADS! We kicked things off on the 1st with a wonderful sing-along alongside the Women's Board, that filled the room with music, laughter, and plenty of smiles. On the 7th, we were treated to lively entertainment from Sam Fosh, whose performance had everyone engaged and tapping along. We also introduced a brand-new favorite—pool noodle hockey—which quickly became a hit with participants for its fun, energy, and teamwork. We'll close out the month on the 29th with our much-anticipated art show, where everyone's creativity and hard work will be proudly displayed for all to enjoy.



Looking ahead to May, we have more exciting moments planned! On May 5th, we're thrilled to welcome Fran Kitchen from Operation Orphan Wildlife for a special visit that's sure to be both educational and memorable. We'll also take time on May 8th to honor and celebrate our mothers, recognizing the love and care they bring to our lives. In addition, we're looking forward to introducing some new games that will keep everyone active, engaged, and having fun together. It's shaping up to be another fantastic month!

Until Next Time,  
Laura and Crystal



### From the Nurses

*National Allergy Awareness Month*

Allergies are one of the most common chronic diseases. A chronic disease lasts a long time or occurs often. An allergy occurs when the body's immune system sees a substance as harmful and overreacts to it.

The substances that cause allergic reactions are allergens. Some types of allergens are

- Drugs (medicine)
- Food
- Insects that sting (bees, wasps, fire ants), bite (mosquitos, ticks), or are household pests (cockroaches and dust mites)
- Latex
- Mold
- Pet (dog or cat urine, saliva, and dander)
- Pollen

The most common allergy symptoms can simply make you uncomfortable. For example, you may have watery eyes, a runny nose, sneezing, a rash or hives. Other more serious symptoms, like trouble breathing and swelling in your mouth or throat, may be a life-threatening reaction called anaphylaxis.

### What Are the Treatments for Allergies?

Good allergy treatment is based on your medical history and the severity of your symptoms. It can include three different treatment strategies: avoidance of allergens, medication options and/or immunotherapy (a treatment to train your immune system not to overreact). Be sure to talk to your doctor about any concerns and what treatment is best for you.

Yours in Good Health!  
Linda, Brooke, & Ky'esha

### USDA Nondiscrimination Statement: Effective May 2022

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotope, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY or contact USDA through the Federal Relay Service at (800) 877-8339. To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <https://www.usda.gov/sites/default/files/documents/ad-3027.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by: 1. (mail) U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410; or 2. (fax): (833) 256-1665 or (202) 690-7442; or 3. (email): [Program.Intake@usda.gov](mailto:Program.Intake@usda.gov). This institution is an equal opportunity provider.

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