

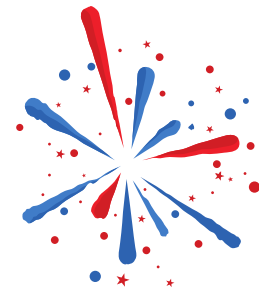
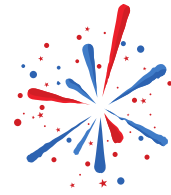
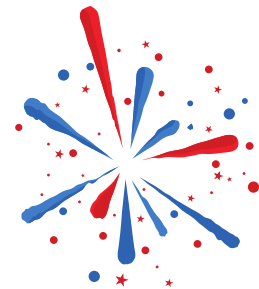
Special Events

Client Council
July 23

Fieldtrip - Picnic @ Park
July 15

Rainbow Room Meeting
July 30

Movers Room Meeting
July 29



July Birthdays

Pete H	July 2	Hugh H	July 13
Teresa C	July 2	Sylvia T	July 16
Elizabeth A	July 2	Marcella B	July 21
Jeanette S	July 3	Barbara S	July 22
Gloria C	July 6	Alberta P	July 23
Roger H	July 8	Don R	July 24
Lillie E	July 11	Jack C	July 26
Laura D	July 12	Willis J	July 27

Devotions

July 10
July 16
July 22



Communion

July 2
July 9
July 16
July 23
July 30

Holiday Closures

July 3 - Independence Day
September 7 - Labor Day
November 26 - Thanksgiving Day
November 27 - Day after Thanksgiving
December 24 - Christmas Eve
December 25 - Christmas Day
December 31 - New Year's Eve

Caregiver Support

Are you a caregiver for a loved one attending Summit Adult Day Services? Feeling overwhelmed or isolated? Join us to connect with other family caregivers, access online and mailed resources.

**If you plan on attending, please
RSVP to the center at 330-762-2000.**

**Date: July 8th, 2026
Time: 10:00am-11:00am
Location: Summit Adult Day**

Stay in Touch!

ccsummitcounty.org
Phone: 330-762-2000
Fax: 234-334-4059
facebook.com/CCSummitCounty

Transportation Call Off Procedure

Please report all absences, early departures and late arrivals to Summit ADS as soon as possible. You may also call your own transportation provider.
SCAT (330) 376 - 5353

July 2026

Monday	Tuesday	Wednesday	Thursday	Friday
		Patriotic Sing-Along w/the Women's Board 1	2	3 4th of July CLOSED
6 Axe Throwing	7 July Jeopardy	8 Let's Go Racing	9 Birthday Recognition	10 BINGO
13 BINGO	14 Entertainment: Michael Davis	15 Basketball	16 Knock Em Out	17 Splash the Staff
20 Bingo Store	21 BINGO	22 Duck Hunt	23 Popcorn & Movie	24 Entertainment: Christ Unlimited
27 Jarts	28 Finish the Lyrics	29 Directed Drawing	30 BINGO	31 Farewell Celebration w/music by Jay Nye

Monday	Tuesday	Wednesday	Thursday	Friday
		Patriotic Sing-Along w/the Women's Board 1	2 Star Toss Challenge	3 4th of July CLOSED
6 Let's Go Racing	7 BINGO	8 Knock Em Out	9 Birthday Recognition	10 Movie or Manicures
13 Card BINGO	14 Entertainment: Michael Davis	15 BINGO	16 Human Slot Machine	17 Splash the Staff
20 Bingo Store	21 Grocery Store Game	22 Jumbo Crossword	23 BINGO	24 Entertainment: Christ Unlimited
27 Pool Noodle Hockey	28 Table Tennis	29 BINGO	30 Grab Bag Bonanza	31 Farewell Celebration w/music by Jay Nye

Rainbow Room

Daily Schedule

9:30 - Breakfast
10:00 - Crafts
11:00 - Current Events
11:30 - Lunch
12:30 - Exercise
1:00 - Activity

(see calendar for daily activity)

*Alternate activities available throughout the day!

= Strength & Fitness

Movers & Shakers Room

Daily Schedule

9:30 - Breakfast
10:00 - Crafts
11:00 - Exercise
11:30 - Lunch
12:30 - Current Events/Trivia
1:00 - Activity

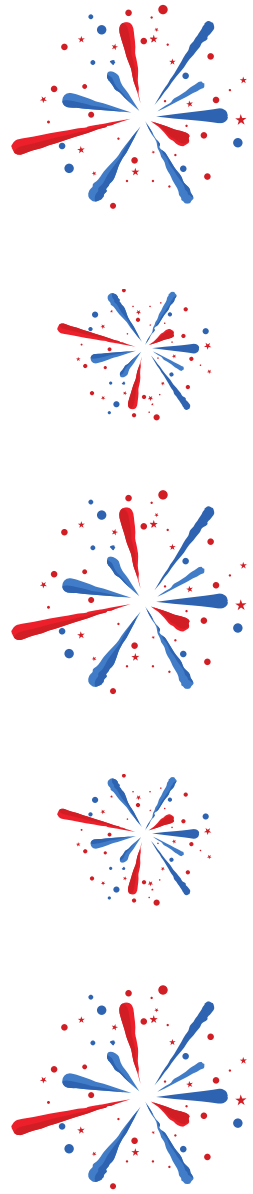
(see calendar for daily activity)

*Alternate activities available throughout the day!

= Strength & Fitness

Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
		Baked Chicken Gravy Bread Stuffing Peas Bread & Butter Mixed Fruit Cup Milk 1	Tuna Salad Minestrone Soup Steamed Broccoli Chips Peaches Milk 2	4th of July CLOSED 3
Chicken Filet Gravy Corn Rice Pilaf Rolls & Butter Pineapples Milk 6	Hot Dog Baked Beans Mixed Vegetables Potato Chips Applesauce Milk 7	Hamburger Corn Macaroni Salad Pears Milk 8	Vegetable Rice Casserole Chicken Broccoli Fruit Cocktail Rolls & Butter Milk 9	Tomato Soup Egg Salad Sandwich Potato Chips Peaches Milk 10
Ribbed Pork Patty Parsley Potatoes Vegetables Pears Bread & Butter Milk 13	Chicken Noodle Casserole Carrots Rolls & Butter Mixed Fruit Cup Milk 14	Spaghetti Meat Sauce Tossed Salad Rolls & Butter Hot Apples Milk 15	Baked Chicken Gravy Mashed Potatoes Peas Bread & Butter Oranges Milk 16	Grilled Cheese Tomato Soup Chips Peaches Milk 17
Breaded Pollock Mixed Vegetables Rice Pilaf Rolls & Butter Oranges Milk 20	Hot Dog Baked Beans Carrots Peaches Pasta Salad Milk 21	Mac & Cheese Casserole Stewed Tomatoes Pineapples Rolls & Butter Milk 22	Rigatoni Meat Sauce Tossed Salad Rolls & Butter Hot Apples Milk 23	Chicken Parmesan Pasta Green Beans Rolls & Butter Oranges Milk 24
Sloppy Joe Tator Tots Pea Salad Applesauce Milk 27	Grilled Cheese Tomato Soup Tator Tots Pears Milk 28	Chicken Noodle Casserole Carrots Rolls & Butter Mixed Fruit Cup Milk 29	Beef Stew Beets Oranges Cornbread Milk 30	Tuna Salad Minestrone Soup Steamed Broccoli Chips Peaches Milk 31



The Spotlight

Summit Adult Day Services

Volume 47, Issue 7
July 2026

July News

Hello Everyone!



As we wrap up an exciting June, we want to thank everyone who helped make the month so memorable! We enjoyed a wonderful visit from Gaga for Goats, bringing plenty of smiles and laughter to our participants. We also celebrated Father's Day with a car show and beautiful artwork displayed by Bill Starcher. To top off the month, we welcomed back fan favorites, the Zeke and Tobo Band, whose music had everyone singing along. We were also thrilled to welcome our new Activity Coordinator, Sam! She fits right in and has already become a valued member of our team! July is shaping up to be another fun-filled month. We will kick things off with a patriotic sing-along to celebrate the summer season. On July 14, we look forward to entertainment by Michael Davis, followed by our always-popular Splash the Staff activity on July 17. The ladies of Christ Unlimited will join us on July 24 for a special afternoon of singing and fellowship. We cannot wait to enjoy these activities together and create more wonderful memories.

This month, we will also honor someone special to our program. After 22 years of dedicated service as an Activity Staff member, Crystal will be moving on to a new adventure. Her kindness, laughter, creativity, and genuine love for our participants have touched countless lives over the years. She is deeply loved by all, and her fun spirit will be missed. We invite everyone to join us on July 31 for a farewell celebration in her honor, featuring music by Jay Nye, as we thank Crystal for her many years of commitment and wish her all the best in her next chapter.

Until Next Time,
Laura, Crystal, and Sam

From the Nurses

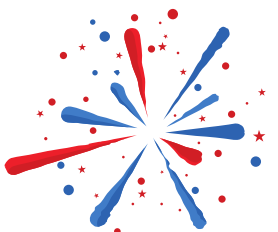
UV SAFETY AWARENESS MONTH

July is UV Safety Awareness Month, an annual observance dedicated to educating the public about the dangers of ultraviolet (UV) radiation and promoting healthy sun-protection habits. Unprotected UV exposure is the leading preventable risk factor for skin cancer and can cause premature aging, cataracts, and other vision problems.

Core Sun Safety Habits

- **Apply Sunscreen:** Use a broad-spectrum waterproof sunscreen with an SPF of 30 or higher. Apply 15 minutes before going outside and reapply every two hours, or immediately after swimming or sweating.
- **Seek Shade:** Avoid direct sunlight between 10 a.m. and 4 p.m., when UV rays are at their strongest.
- **Wear Protective Clothing:** Cover up with long sleeves, pants, wide-brimmed hats, and UV-blocking sunglasses.
- **Check the UV Index:** Look at your local daily forecast to find the UV Index and plan your outdoor activities for lower-risk times.
- **Stay hydrated:** Remember to drink plenty of water or drinks with electrolytes to keep hydrated and prevent dehydration.

Yours in Good Health!
Linda, Brooke, & Ky'eshia



USDA Nondiscrimination Statement: Effective May 2022

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotope, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY or contact USDA through the Federal Relay Service at (800) 877-8339. To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <https://www.usda.gov/sites/default/files/documents/ad-3027.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by: 1. (mail) U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410; or 2. (fax): (833) 256-1665 or (202) 690-7442; or 3. (email): Program.Intake@usda.gov. This institution is an equal opportunity provider.

Additional financial support is provided in part by: Area Agency on Aging 10B, Inc., County of Summit DD Board, Louis Stokes Cleveland VAMC, Ohio Child and Adult Care Food Program, Ohio Department of Job and Family Services, United Way of Summit County, foundations and individual contributions.

