





SUGGESTED ITEMS:

- Shelf-stable fruit cups or applesauce.
- Shelf-stable milk (or non-dairy milks)
- Shelf-stable soups, stews, and chili (pull-tab preferred)
- 100% fruit juice.
- Canned fruit & vegetables
- Canned meats and fish packed in water.
- Canned or dried beans and lentils
- · Whole-grain pasta and crackers.

- Diapers
- Feminine hygiene products
- Toilet paper
- Soap, shampoo, deodorant (travel size)
- Toothbrushes and toothpaste

SUPPORT OUR HOT MEAL PROGRAM:

A monetary gift goes a long way. If you'd prefer to give online to support our holiday meal program, scan here.

