

Being physically active is vital for the physical, mental and spiritual well-being of young people. Children having fun and building Christ-like relationships while playing sports is at the heart of CYO. We continue to work with medical and sports experts to identify protective and preventive measures to reduce the risk of COVID-19. We know a great deal more now than we did one year ago. That knowledge continues to grow, informing our best practices. All immunocompromised or high-risk persons should remain at home. CYO is grateful that many people are being vaccinated. Yet the variants and a high risk of spread remains. Your cooperation is required and appreciated. These guidelines are subject to change as needed.

ALL CYO SPORTS AND PROGRAMS:

- ✓ Spectators, site staff, coaches, site directors, and officials must wear a mask over their mouth, chin and nose at all times, including when entering and exiting facilities.
- ✓ CYO Athlete Monitoring Form must be completed for all athletes/coaches before every practice/game.
- ✓ Athletes, coaches site staff, or spectators who have a fever or are ill should remain at home.
- ✓ Athletes are to bring their own personal items to all practices and games, i.e., hand-sanitizer, towels, water, batting gloves, starting blocks, tennis rackets, etc. No sharing personal items among teammates.
- ✓ Athletes/parents are responsible to wash and disinfect practice and game day attire after each use.
- ✓ 6 feet of physical distancing will be maintained at all times at all practices and contests.
- ✓ Avoid physical contact at practices/games whenever possible; no handshakes, hugs or high-fives.
- ✓ No congregating before/after practices/games in common areas: dugouts, parking, the field, tracks, gyms
- ✓ Use separate entrances and exits whenever available; Concession stands and fountains will be closed
- ✓ Sanctioned Events and Tournaments are not permitted for the 2021 CYO Spring Season.
- ✓ Scrimmages are permitted against teams who are members of the Diocese of Cleveland CYO.
- ✓ Parents or family members are not permitted inside the gym during practices.
- ✓ Spectator limits are defined by each sport based on facility capacity. Please refer to the best practices of each sport for the spectator per athlete limit. Any child present must be with their parent at all times.
- ✓ Spectators are encouraged to bring their own hand sanitizer to use frequently throughout the game.
- ✓ No dogs are permitted at any CYO competition.

OUTDOOR SPORTS:

- Lacrosse, baseball, softball and track and field: Spectator limits are defined by each sport based on facility capacity for safe operations. Your CYO Athletic Director will be informed and will keep you informed.
- Spectators are to bring their own portable chairs for baseball, softball, lacrosse.
- Bleachers will be available for track meets. Bleachers are closed for baseball, lacrosse and softball use due to the need for additional physical distancing when players are in the dugouts or bench area.

INDOOR SPORTS:

- ✚ Parents, siblings or guests are not permitted inside the gym during indoor practices.
- ✚ During competitions, only 2 fans/athlete are permitted inside the gym.
- ✚ Fans must follow safe physical distancing and remain in designated areas.
- ✚ Fans may NOT bring portable chairs to indoor facilities.
- ✚ Doors and windows will be propped open when possible to maximize ventilation.
- ✚ Common facility areas and common equipment will be disinfected to maintain cleanliness

2021 CYO SPRING SPORTS GAME DAY MODIFICATIONS

- ❖ Pre-game and post-game prayers will be recited with physical distancing. No handshakes allowed.
- ❖ Official's pre-game sportsmanship talk will be given in front of the bench areas 6' apart.
- ❖ The home team will provide the games balls.

CYO inspires young people to know God, to love God, and to serve God through athletics.