

**PLAY LIKE
A CHAMPION
TODAY**

Character Education Through Sports

Champion Coach Note

Educating and Forming Champion Coaches

Getting Involved in Your Community

Community involvement can be an important part of any sports team. By working together to be of service to others, student-athletes can build an awareness of their role in the broader society and better understand the positive impact they can have on the world around them. Service projects are a great way to develop compassion, humility and fairness in athletes, qualities that will help them to become better people and more complete athletes.



Getting involved in the community is also a tremendous way to build the virtue of *justice*. Recall that justice is the virtue tied to *relationships* - the "R" in the GROW approach. Perhaps this is why many coaches report that serving their community as a team can have a dramatic impact on forging strong bonds between teammates. [Watch the video above](#) to hear what Notre Dame Cheerleading Coach Delayna Herndon has to say about the impact of service on her team and the surrounding community.

We invite you to engage your team in a discussion on how they can serve the community around you. A wide variety of opportunities exist for teams of all ages: teams can visit the elderly, find ways to help children who are sick or in need, or serve food to the hungry. We've heard powerful stories of teams rallying around an individual or family in their school or league community following tragedy.

How will you make service and involvement in the community an important part of your team culture?

Do you have a unique or uplifting story of service that you're willing to share? Send us an email at information@playlikeachampion.org! Your example may inspire others in our community!

Scripture of the Week: *Do not neglect to do good and to share what you have, for such sacrifices are pleasing to God. (Hebrews 13:16)*

Play Like a Champion's Quarterly Webinar Series Tackles Officiating

Join us on Thursday, March 12th at Noon EDT for the latest edition of our Quarterly Webinar Series.

***Officiating Solutions:
Make the Call & Make a Difference***

This edition will feature retired **NFL Official and ESPN Officiating Analyst John Parry** along with



Dr. David Pierce, Director of the IUPUI Sports Innovation Institute. John will share his journey, discussing how educators and coaches changed his life while challenging attendees to implement one simple and easily sustainable process to find future sports officials. David will share his experience collaborating with students on projects dedicated to officiating solutions, including innovative means of developing officials and improving the retention of officials. Join us to learn how your school and league can take a fresh look

at officiating and improve the future of sports. The webinar is completely FREE to attend, simply click below to register now and you'll be emailed with instructions to access the webinar on March 12th!

Register for this FREE Webinar Today!

March 3: Feast of St. Katharine Drexel

Today is the feast of St. Katharine Drexel. Declared a Saint in 2000, she was the second American to be canonized and the first one born a US citizen. She was inducted into the National Women's Hall of Fame in 2011.

Katherine came from a wealthy family that dedicated themselves to sharing their gifts through service to the world. Three times a week, the Drexel family distributed food, clothing, and rent assistance from their family home in Philadelphia. When widows or single women were too proud to come to the Drexels for assistance, the family quietly sought them out. Her mother taught her that, "Kindness may be unkind if it leaves a sting behind."



When her family traveled to west in 1884, Katharine saw the plight of Native Americans. She wanted to do something specific to help. On February 12, 1891, Drexel professed her first vows as a religious, dedicating herself to work among the American Indians and African-Americans in the western and southwestern United States. She took the name Mother Katharine and joined by thirteen other women, soon established a religious congregation named the Sisters of the Blessed Sacrament. In total, Drexel established 145 missions, 50 schools for African Americans, and 12 schools for Native Americans. Xavier University of Louisiana, the only historically black Catholic college in the US, also owes its existence to Drexel and the Sisters.

Share St. Katharine Drexel's story with your team as inspiration on how you can grow in kinship with your local community!

**Access Resources & Learn More at
PlayLikeaChampion.org**

Play Like a Champion Today Educational Series
PO Box 72, Notre Dame, IN 46556 | information@playlikeachampion.org
www.playlikeachampion.org

FOLLOW US ON SOCIAL MEDIA!

