

# The Positive Parenting Program:

Offering a “toolbox” of practical ideas to encourage behavior you like. You choose what your family needs and what’s best! Raise happy, confident, respectful kids, and increase your confidence as a parent.



## TRIPLE P DISCUSSION GROUPS (AGES 0-12)

These FREE 2-hr small group or individual sessions offer generalized parenting advice for tackling common behavior problems of children ages 0-12. Sessions can be virtual via Zoom or in person. Register for any one or any combination of four relevant topic sessions and receive a one-time gift card for session completion.

## PRIMARY CARE TRIPLE P (AGES 0-12)

This is a FREE and very brief, private way for parents to get Triple P support through four ½ hr. sessions. These can be in person, home-based, by phone, or virtual. Primary Care Triple P provides guidance that is tailored to deal with a specific behavior concern. Receive a one-time gift card incentive by completing all sessions.

## TRIPLE P “STEPPING STONES” (AGES 0-12)

This FREE session is for parents of children with a disability and elevated levels of disruptive behavior. Ten individual, home-based consultations offer comprehensive support in managing behavior. Receive a one-time gift card incentive for completing the series of sessions.

## STANDARD TEEN TRIPLE P (AGES 12-18)

This is a broadly focused parenting support intervention for parents of teens. It consists of several sessions and is offered under the umbrella of the Healthy Kids Strong Families program of Catholic Charities. It is FREE to all Ashland County residents. Contact Sharon Long at 419.512.1301 or [salong@ccdocle.org](mailto:salong@ccdocle.org) for more information. *Funding provided by the Ashland Mental Health & Recovery Board.*

